



2x2+20 
Brush 2 minutes, 2 times per day + Read 20 minutes per day =
EASY MATH FOR A HEALTHY BODY AND MIND!



Sink Your Teeth Into a Good Book
Oral Health Books for Kids

Book	Interest Level	Reading Level
<p><i>ABC Dentist: Healthy Teeth from A to Z</i> by Harriet Ziefert and Liz Murphy</p> <p>This book presents words associated with a trip to the dentist, such as appointment, cavity, X-ray, and plaque, with accompanying color illustrations.</p>	K-3	5.3
<p><i>Andrew's Loose Tooth</i> by Robert Munsch</p> <p>His parents, the dentist, his friend, and even the Tooth Fairy, find wacky ways of pulling Andrew's loose tooth.</p>	K-3	2.8
<p><i>Arthur's Loose Tooth</i> by Lillian Hoban</p> <p>Arthur the chimp is a little worried about losing his loose tooth until his sister and their babysitter show him the real meaning of bravery.</p>	K-3	2.9
<p><i>Arthur's Tooth</i> by Mark Brown</p> <p>Arthur, tired of being the only one in his class who still has all his baby teeth, waits impatiently for his loose tooth to fall out.</p>	K-3	2.8
<p><i>Behold, No Cavities! A Visit to the Dentist</i> by Sarah Willson</p> <p>SpongeBob can't wait for his six-month checkup at the dentist. That morning he discovers not only has Patrick never gone to the dentist, but he's never even brushed his teeth.</p>	K-3	3.0
<p><i>The Berenstain Bears: Visit the Dentist</i> by Stan and Jan Berenstain</p> <p>Taking good care of their teeth is something all bears do. That's why Sis and Brother brush—and go to the dentist, too.</p>	K-3	3.6
<p><i>Brush, Floss and Rinse: Caring for Your Teeth and Gums</i> by Amanda Doering Tourville</p> <p>This book discusses how to care for your teeth.</p>	K-3	2.8
<p><i>Gone With the Wand</i> by Margie Palatini</p> <p>When tooth fairy Edith B. Cuspid finds her friend Bernice Sparklestein, a fairy godmother whose work is legendary, having a very bad wand day, she tries to cheer her up by suggesting Bernice try other fairy jobs.</p>	K-3	2.8
<p><i>I brush! my teeth</i> by Holli Seabury and Frances Brooks</p> <p>This picture book helps young children learn to brush their teeth while developing reading and language skills. On each page, children can identify colors and shapes, while learning a catchy rhyme that will help them remember to brush their teeth.</p>	Preschool-K	2.4
<p><i>Just Going to the Dentist</i> by Mercer Mayer</p> <p>Little Critter goes to the dentist for a checkup and finds that going to the dentist isn't so bad.</p>	K-3	2.4
<p><i>The Magic School Bus and the Missing Tooth</i> by Jeanette Lane</p> <p>Wanda finds a tooth in the back of Ms. Frizzle's classroom, but who could have lost it? It's small and sharp and it's time for a field trip with the Friz to explore what teeth do and why they have different shapes. Take off on the Magic School Bus for an adventure with lots of bite and find out all about teeth!</p>	K-3	2.3
<p><i>Make Way for Tooth Decay</i> by Bobbi Katz</p> <p>Arthur, tired of being the only one in his class who still has all his baby teeth, waits impatiently for his loose tooth to fall out.</p>	K-3	2.1

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<p><i>My Life as Dinosaur Dental Floss</i> by Bill Myers</p> <p>Bumbling but brilliant Wally McDoogie learns that honesty is the best policy after a practical joke snowballs into near disaster involving terrorists, tourists, television news, and the President.</p>	4–8	4.4
<p><i>Open Wide: Tooth School Inside</i> by Laurie Keller</p> <p>Through a classroom setting in which teeth are the students, this book presents information about the structure and care of teeth and the services provided by dentists.</p>	K–3	4.3
<p><i>Show Me Your Smile: A Visit to the Dentist</i> by Christine Ricci</p> <p>It's time for Dora's checkup at the dentist. Dora explores the dentist's office, gets her teeth cleaned, and even gets a special treat for being such a good patient.</p>	K–3	2.9
<p><i>Tooth Trouble</i> by Jane Clarke</p> <p>Wilbur's tusk hurts, but he doesn't want to go to the dentist, until a visit to Grandpa persuades him that it just might be a good thing.</p>	K–3	2.6
<p><i>Going to the Dentist</i> by Anne Civardi</p> <p>This book helps young readers to understand the situation of going to the dentist for the first time.</p>	K–3	3.0
<p><i>The Tooth Book</i> by Theo LeSieg</p> <p>A classic work by Dr. Seuss about who has teeth, who doesn't, and how to keep the ones you have!</p>	K–3	2.1
<p><i>George Washington's Teeth</i> by Deborah Chandra, Madeleine Comora, and Brock Cole</p> <p>This is a rollicking rhyme that portrays George Washington's lifelong struggle with bad teeth.</p>	K–3	3.6
<p><i>You Think It's Easy Being the Tooth Fairy?</i> by Sheri Bell-Rehwoldt</p> <p>Colorful illustrations and simple text tell a story about how the tooth fairy does her job.</p>	K–3	2.3
<p><i>Clarabella's Teeth</i> by An Vrombaut</p> <p>Clarabella, the crocodile, cannot play with her friends because she is busy brushing her teeth—and crocodiles have lots of teeth!</p>	K–3	1.5
<p><i>The Tooth Book: A Guide to Healthy Teeth and Gums</i> by Edward Miller</p> <p>This book provides a tooth eruption time line, describes the parts of a tooth, and discusses why teeth fall out, tooth decay, the proper way to brush and floss, and how diet affects the health of teeth and gums.</p>	K–3	4.5
<p><i>Fancy Nancy and the Too-Loose Tooth</i> by Jane O'Connor</p> <p>Nancy is about to lose her first tooth, but if she can prevent it from falling out until she arrives at school, she will get a special necklace from the nurse.</p>	K–3	2.0
<p><i>Little Rabbit's Loose Tooth</i> by Lucy Bate</p> <p>When Little Rabbit's loose tooth finally comes out, she isn't convinced that the tooth fairy will really come.</p>	K–3	3.2
<p><i>Loose Tooth</i> by Anastasia Suen</p> <p>Peter can't decide if he wants his loose tooth to fall out. If it falls out, he will have a gap in his smile for the school pictures, but money from the tooth fairy will help him buy a new basketball.</p>	K–3	2.0

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<p><i>Tooth on the Loose</i> by Susan Middleton Elva</p> <p>A girl hopes her tooth will fall out so that she can have money to buy her father a birthday present.</p>	K-3	2.5
<p><i>Dear Tooth Fairy</i> by Alan Durrant and Vanessa Cabban</p> <p>When her tooth falls out, Holly is reluctant to put it under her pillow.</p>	K-3	3.0
<p><i>The Night Before the Tooth Fairy</i> by Natasha Wing</p> <p>Inspired by Clement Moore’s Christmas poem, this verse tells the story of a boy losing his first tooth.</p>	K-3	2.5
<p><i>Throw Your Tooth on the Roof: Tooth Traditions from Around the World</i> by Selby Beeler</p> <p>This book consists of brief statements relating what children from around the world do with a tooth that has fallen out.</p>	K-3	4.2
<p><i>How Many Teeth?</i> by Paul Showers and True Kelley</p> <p>This book introduces teeth, describing how many we have at various stages of life, why they fall out, and what they do.</p>	K-3	2.5
<p><i>The Story of the Tooth Fairy</i> by Tom Paxton and Robert Sauber</p> <p>When seven-year-old Emily and the fairy Glynnis exchange a tooth for a coin, the Fairy Queen announces the renewal of friendship between mortals and fairies.</p>	K-3	3.5
<p><i>What Do the Fairies Do With All Those Teeth?</i> by Michel Luppens and Phillipe Beha</p> <p>A whimsical book of fairies’ possible uses for teeth.</p>	K-3	2.4
<p><i>What-the-Dickens: The Story of a Rogue Tooth Fairy</i> by Gregory Maguire</p> <p>As a terrible storm rages, ten-year-old Dinah and her brother and sister listen to their cousin Gage’s tale of a newly hatched, orphaned skibberee, or tooth fairy, called What-the-Dickens, who hopes to find a home among the skibbereen tribe.</p>	4-8	5.0

