

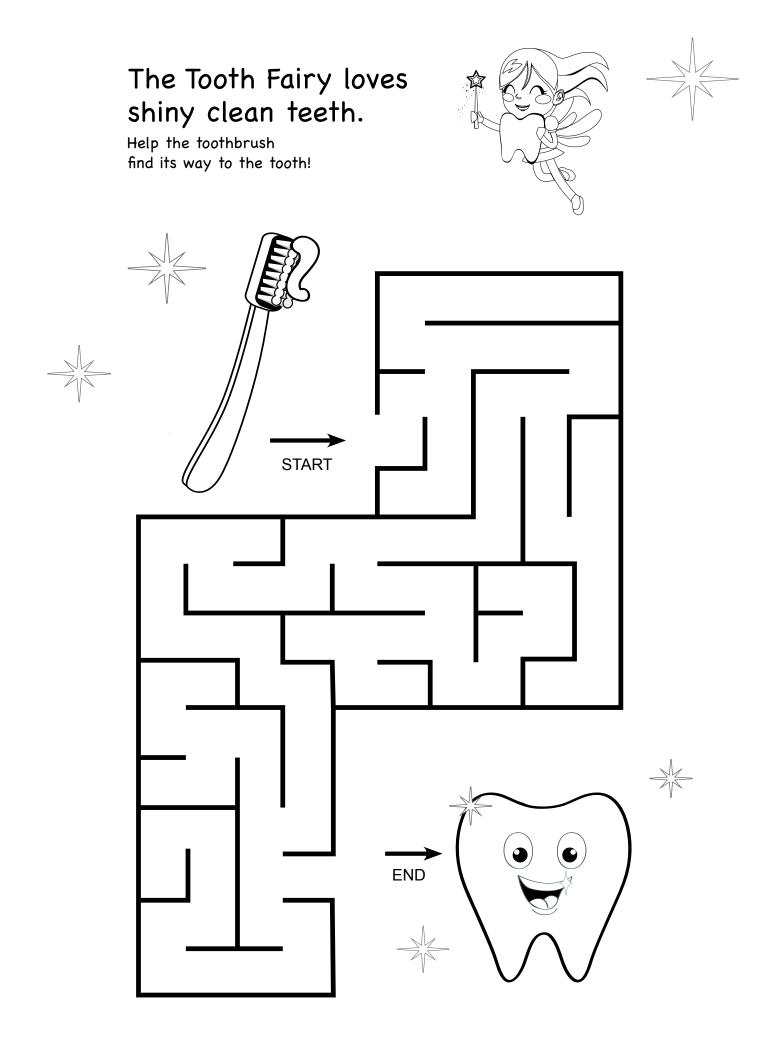


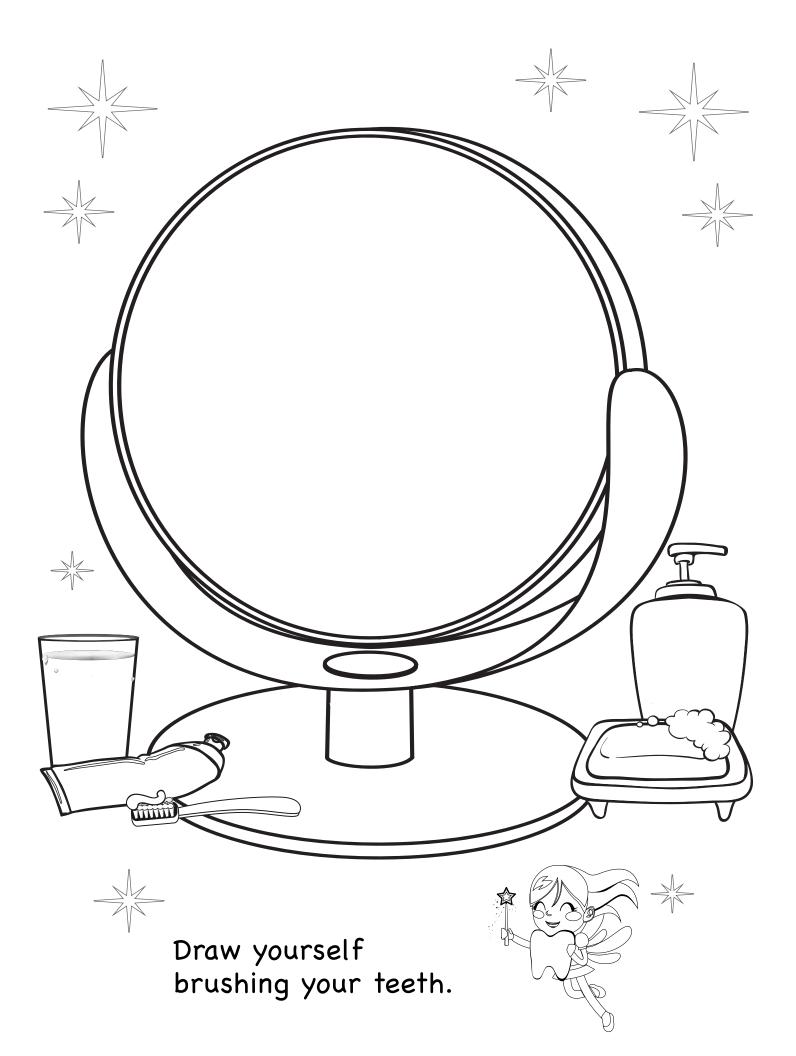
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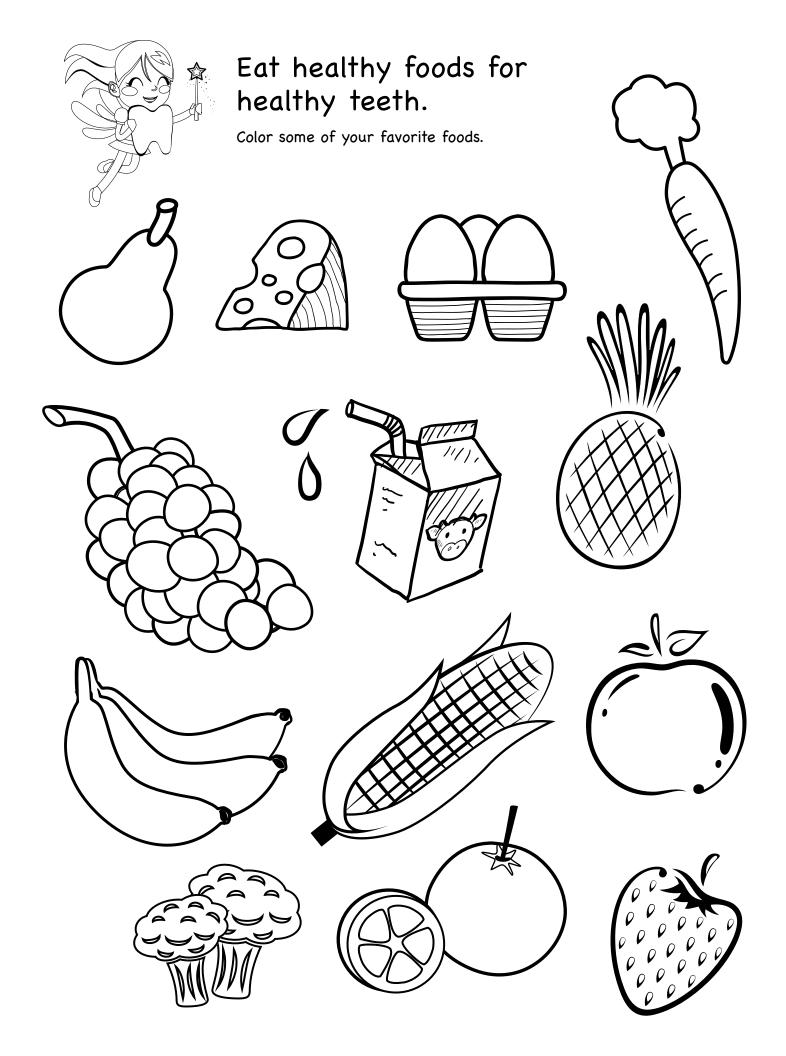
for a healthy body and mind!













Visit the dentist regularly to keep your smile healthy.



Leave your tooth under your pillow for a visit from the Tooth Fairy.



Write a letter to the Tooth Fairy and place under your pillow with your tooth.

Dear Tooth Fairy,	
From,	





## Your child's oral health is very important!

Children with dental problems have trouble smiling, eating, sleeping, concentrating and learning in school. In fact, kids miss 51 million hours of school a year due to oral health problems—most of which can be prevented.

## Good oral health starts with good oral health habits!

That's why it's important for your child to brush twice a day for two minutes each time, floss at least once a day and visit the dentist regularly. Help your child choose healthy, teeth-friendly snacks and water or milk instead of soda pop or sugary juice drinks.

If you are interested in learning more about good oral health or would like additional children's oral health resources and activities, visit our website listed below.





www.RenaissanceFamily.com